

## DISC GOLF RULES FOR RECREATIONAL PLAY

**GENERAL:**..... Disc Golf is played like ball golf using a flying disc (frisbee). One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score.

**TEE THROW**..... A tee throw must be completed within or behind the designated tee area.

(\*DON'T THROW UNTIL THE PLAYERS IN FRONT OF YOU ARE OUT OF RANGE AND THE

FAIRWAY IS CLEAR OF PEOPLE !)

**LIE**..... The spot where the previous throw lands... Mark that spot with a mini directly

towards the hole or play from behind your thrown disc.(do not flip your disc).

**THROWING ORDER**..... After teeing off, the player whose disc is farthest from the hole always throws

next. The player with the least amount of throws on the previous hole is the first to tee-off on the next tee.

**FAIRWAY THROWS**..... Fairways throws must be made with the foot closest to the hole behind the lie

(within one foot). The other foot may be no closer to the hole than the lie. A run-up and a normal followthrough,

after the release is allowed.

**DOG-LEG**..... A dog-leg is one or more designated obstacles in the fairway that must be passed

**AS INDICATED BY ARROWS**. Until the dogleg is passed, the closest foot to the dog-leg must be behind

the lie when the disc is released.

**COMPLETION OF HOLE**.. A disc that comes to rest, supported by the basket or chains constitutes a

completion of the hole. (Exception: A disc that rests on top of the basket must be putted into the basket.)

**UNPLAYABLE LIE**..... Any disc that comes to rest more than two meters (6'-6") above the ground is

considered an unplayable lie. The disc must be thrown from the new lie on the ground, directly below the

unplayable lie. (RELOCATE TO AVOID DAMAGE TO PLANTS!). A one stroke penalty will be assessed

for an unplayable lie.

**OUT-OF-BOUNDS**..... A disc is out-of-bounds (OB) if the OB is visible between the disc and the OB.

(Completely surrounded by water / pavement). A throw that lands OB, must be played from a point three feet

in bounds from where the disc went OB. Permanent water hazards and public roads are always OB. A one stroke penalty will be assessed for each OB.  
COURSE COURTESY..... Do not litter, pick-up the trash... Do not talk or distract others while they are playing... DO NOT DAMAGE PARK PROPERTY, ESPECIALLY PLANTS... Do not walk beyond the player who farthest from the hole until it is your turn... Do not stand in the sight line of someone who is putting... We are guests in the park and need to act accordingly.  
THE PERSON WHO HAS THE MOST FUN WINS!  
The full competition rules are available on-line at the PDGA website at 'pdga.com'